

Chinese Bodywork in clinical practice

The greatest force in healing is touch. The ancient Chinese realized this, using medical theory and clinical experience to develop touch into the highest healing art within the field of Chinese medicine. The usefulness of a sword depends on the warrior's handskill; the efficacy of a needle depends on the practitioner's skill of touch. To treat internal diseases or external injuries without deeply training the hands is to be overly optimistic of one's clinical results. This five module training program provides the same bodywork foundation that Andrew Nugent-Head learned in China, set sequentially in the way he learned over his years training there. It is, in his opinion, the most important piece of practicing tangible, effective and reliable medicine.

Module 01: Daoist Zangfu Acupressure

Focused on regulating the Qi flow in the organs of the body cavity, Daoist Zangfu Acupressure is a powerful bodywork treatment method to return fundamental health to very sick patients. Originally passed on by a wandering Daoist, it was nearly lost in the Cultural Revolution. Today, there are only a handful of people focused on using this incredible bodywork system in the clinic. It was the first clinical treatment method learned by Andrew Nugent-Head, taught to him by the late Professor Wang Jin-Huai.

Module 02: Yin Style Bagua Bodywork Techniques I

Module 02 introduces the medical bodywork of Yin Style Bagua. Bodywork is the fundamental treatment method of Yin Style Bagua medical practitioners, the core of their Qi based skillset and the source of their acupuncture skill. These two modules cover the 24 basic hand techniques, the differences between Qi focused vs. Blood focused techniques, skeletal alignment, protocols and treatment demonstrations.

Module 03: Yin Style Bagua Bodywork Techniques II

Module 03 continues the medical bodywork of Yin Style Bagua. Bodywork is the fundamental treatment method of Yin Style Bagua medical practitioners, the core of their Qi based skillset and the source of their acupuncture skill. These two modules cover the 24 basic hand techniques, the differences between Qi focused vs. Blood focused techniques, skeletal alignment, protocols and treatment demonstrations.

Module 04: Yin Style Bagua Bodywork Techniques III

Module 04 completes the introduction to the medical bodywork of Yin Style Bagua. Bodywork is the fundamental treatment method of Yin Style Bagua medical practitioners, the core of their Qi based skillset and the source of their acupuncture skill. These three modules cover the 24 basic hand techniques, the differences between Qi focused vs. Blood focused techniques, skeletal alignment, protocols and treatment demonstrations.

Module 05: Awakening the Yuan—The Deep Qi Protocol

Using Deep Qi work only, the final module introduces the skills to address the intangible yet most fundamental Qi of sickness and health, which is the Yuan Qi. It focuses on understanding what we must tangibly do to get to and awaken the Yuan Qi when working with the chronically, systemically or terminally ill. Candid discussions on the possibilities of spontaneous healing, giving quality of life through the dying process, the successes and failures of both Chinese and allopathic medicine, and practitioner maturity are balanced by learning and practicing a protocol sequence for awakening the Yuan Qi as well as adapting it to redressing physical and emotional imbalances.